Coronavirus Resources

We know that the current COVID-19 pandemic is impacting the health and well-being of our Slavic L & L community, and we hope that these links will help you in navigating these uncertain and rapidly changing times. Please reach out us if you have any questions or concerns we can help with, and please take care.

University of Washington General Information

Covid-19 Information

The University of Washington is operational, though spring quarter instruction, as well as the work of many campus offices, is being done remotely. For the most up-to-date information about UW operations, please see the UW COVID-19 Facts and Resources page.

Together We Will

The University of Washington is a community, and as such is united and committed to supporting the work of slowing the spread of COVID-19 and caring for those impacted by it. Visit the Together We Will page to see what you can do to help in these efforts.

Financial Support

UW Student Emergency Aid

All three campuses have Emergency Aid to support currently enrolled UW students. This aid assists students who are experiencing unexpected financial hardships that may disrupt their education or prevent them from earning their UW degree.

Short Term Loans

The Office of Student Financial Aid has short-term loan funds available for students who are experiencing temporary financial problems. Undergraduate students may receive up to $2,500, while graduate students may receive up to $3,200.

State Unemployment Benefits for Workers

The Washington State Employment Security Department has programs designed to help individuals and employers impacted by the COVID-19 outbreak. They also have an easy-to-read comparison guide, which lists some of the most common scenarios and the benefits that may apply.

WorkSource Critical Job Opportunities

Due to the COVID-19 outbreak, new needs have emerged in response to societal changes. WorkSource maintains a list of current Critical Job Opportunities.

Food Resources

UW Food Pantry
The UW Food Pantry is located in Poplar Hall and open three days a week. Current students, faculty, and staff may shop in the pantry once per week.

University District Food Bank
The University District Food Bank is open and providing pre-made boxes of food.

Northwest Harvest SODO Community Market
Northwest Harvest SODO Community Market is open and providing curbside pickup of pre-bagged produce, prepared foods, and shelf-stable groceries, for those people who do not feel comfortable waiting in line.

Utilities and Rent Support
City of Seattle
The City of Seattle maintains pages covering low cost internet options and free and discounted devices.

Residential Evictions in Seattle
On March 14, 2020, residential evictions for non-payment of rent were temporarily halted in Seattle. This moratorium on residential evictions will last for 30 days, or until the civil emergency ends. More information can be found on the Residential Eviction FAQs page.

City of Seattle Utility Discount Program (UDP)
The Utility Discount Program (UDP) lowers Seattle City Light bills by 60 percent and Seattle Public Utility bills by 50 percent. More information can be found on the Utility Discount Program webpage.

Mental Health Resources
UW Counseling Center
The UW Counseling Center provides free support services that can help with the stress and emotion stemming from unexpected circumstances.

UW LiveWell Center
The UW LiveWell Center offers student care, support, and education on important mental and physical well-being topics.

Crisis Connections
Crisis Connections connects people in need with access to mental and emotional support services, housing assistance, and financial resources.

SAMHSA Disaster Distress Helpline
SAMHSA's Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.

Resources for Immigrants & Their Families
My Undocumented Life
My Undocumented Live maintains a webpage with up-to-date information and resources for undocumented immigrants, during
COVID-19.

OneAmerica
OneAmerica has compiled a list of resources for immigrants in Washington State during COVID-19.

United We Dream
United We Dream has created a list of resources for the immigrant community during COVID-19, which includes healthcare access, USCIS office closures, and how to communicate about and during COVID-19.

Parenting Resources

UW College of Education
The UW College of Education has compiled several guides designed to support child and family well-being during periods of school and childcare program closure. In addition, UW College of Education Professor James Mazza has launched a new livestream video series, "Parenting through COVID-19."

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